

# IT'S BRAIN HEALTH NOT MENTAL ILLNESS

## BRAIN HEALTH RESOURCES

### COUNSELING SERVICES



#### Sinnissippi Centers - Dixon

**815-284-6611**

325 IL Rt. 2, Dixon, IL  
[www.sinnissippi.org](http://www.sinnissippi.org)

#### Sinnissippi Centers - Sterling

**815-625-0013**

2611 Woodlawn Rd. Sterling, IL  
[www.sinnissippi.org](http://www.sinnissippi.org)

#### Sinnissippi

**24 Hour Crisis Line**  
**800-242-7642**

#### Path to Healing, Inc.

**815-288-1235**

404 N. Galena Ave. Dixon, IL  
[www.pathtohealing.net](http://www.pathtohealing.net)

#### Moeller, Myers & Associates

**815-626-8760**

3917 E. Lincolnway, Suite C  
Sterling, IL  
[www.mmaccil.com](http://www.mmaccil.com)

#### Whiteside County Health Department

**815-626-2230**

130 W 2nd St. Rock Falls, IL  
[www.whitesidehealth.org](http://www.whitesidehealth.org)

#### Roots and Wings

**773-930-0994**

Stacy Jo Barber, LCPC & Art Therapist  
115 E. 1st St. Suite 120, Dixon, IL  
[rootsandwingstherapy@gmail.com](mailto:rootsandwingstherapy@gmail.com)

#### Mobre Counseling

**815-285-3073**

119 W 1st St. Suite 110, Dixon, IL

#### KSB Hospital

**815-285-5638**

403 E. 1st St. Dixon, IL

#### Florissa

**815-288-1905**

144 North Court, Dixon, IL  
[www.florissacenter.org](http://www.florissacenter.org)

#### Dr. Carolyn Van Doren, Ph.D.

**815-284-6111**

631 Willet Ave. Dixon, IL  
*Psychological Testing*

#### Dr. Cassady Wank, Ph.D.

**815-828-4551**

1958 Aberdeen Ct. Suite 2  
Sycamore, IL

#### Amy Jakobson, Ph.D.

**815-757-9068**

1958 Aberdeen Court  
Sycamore, IL

#### Northwestern Medicine - Ben Gordon Center

**815-756-4875**

12 Health Services Dr.  
Dekalb, IL

#### Compass Behavioral Health

**866-874-5381**

5301 E. State St.  
Rockford, IL  
*Psychological Testing*

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## BRAIN HEALTH RESOURCES

### PSYCHIATRY SERVICES



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#### Sinnissippi Centers - Sterling

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www.sinnissippi.org

#### Whiteside County Health Department

**815-626-2230**

130 W 2nd St. Rock Falls, IL  
www.whitesidehealth.org

#### KSB Hospital

**815-285-5638**

403 E. 1st St., Dixon, IL

#### Compass Behavioral Health

**866-874-5381**

5301 E. State St., Rockford, IL

#### Northwestern Medicine - Ben Gordon Center

**815-756-4875**

12 Health Services Dr.  
Dekalb, IL

#### Dr. David Lopez

**815-772-5590**

303 N. Jackson St., Morrison, IL

#### North Central Behavioral Health Services

**309-363-7933**

526 S. Bureau Valley Parkway  
Princeton, IL

#### AMITA Health

Alexian Brothers Behavioral Health  
Center

**800-432-5005**

1650 Moon Lake Blvd,  
Hoffman Estates, IL

### ONLINE AND TEXTING

#### **bethere.org**

A website that helps you learn how to recognize when someone might be struggling with their mental health and how you can be there to support them.

#### **kenshohealth.com**

A modern guide to holistic health that makes it easy to find what you need, whether that's a trusted answer or an expert provider.

#### **Text HOME to 741741 for immediate help**

A free crisis text line to help you deal with the hard stuff.