This article marks my final address as president of the American Podiatric Medical Students’ Association. As I take my next step professionally and enter the realm of residency training, I pause to reflect upon the last four years as a podiatric medical student.

It feels like just yesterday I moved to Arizona and began podiatry school. They say time flies when you’re having fun but I’d argue that time flies when you’re extremely busy. Although the life of a medical student may be hectic, the experience is undoubtedly invaluable.

As I look back on the past four years, I can pinpoint my work with the APMSA as one of the experiences that enriched my educational career. When I graduate, I will be proud to say that I played a part in the APMSA. The APMSA is an incredible organization that works tirelessly to advocate for its student members. As students, we often do not have a great say in the things that affect us. Through this great organization of ours we have a say, and let me tell you: others hear us and respond.

From boards to residency to academics, the APMSA is working for you. Your delegates know what you as students think and need, and advocate daily on your behalf. We are small, but we are mighty. Our strength is through our unity. Together we can accomplish anything.

As I bid you goodbye, I thank you for the opportunity to serve you and the APMSA. In parting, I wish to leave you with a piece of advice shared with me by a former APMSA colleague: “Show up early, stay late, and work as hard as you can.” I wish each of you the best of luck in school and in your future endeavors.

David Applegate
AZPod 2013 Delegate
Immediate Past APMSA President
2012 APHA
Annual Meeting & Exposition

The 140th American Public Health Association (APHA) Annual Meeting and Exposition took place this past October in San Francisco. Thousands of healthcare professionals from across the nation as well as from across the globe streamed into the city to take part in discussions on the latest in public health and to promote the meeting’s theme: Prevention and Wellness across the Lifetime. There were attendees representing just about every field of healthcare one could imagine, from family physicians and podiatrists to city planners and anti-nuclear weapon activists. The APHA Annual Meeting was an incredible event filled with seemingly infinite possibilities to learn, teach, network and inspire.

This year marked the 40th anniversary of the Podiatric Health Section of the APHA, which brought special attention and recognition to the profound contributions of podiatric medicine to public health. Additionally, the Podiatric Health Section was given an award to recognize its tremendous effort in increasing its student membership under the leadership of section chair, Emily Cook, DPM, MPH, who serves as Residency Director at Mount Auburn Hospital.

The Podiatric Health Section took this opportunity to hold a meeting to discuss its future direction. In order to continue efforts in getting young people interested and passionate about public health, APHA is sponsoring annual student memberships for a number of podiatry students. This year 45 APHA Podiatric Health Student Leadership Awards were given: five students from each podiatry school. In addition to free membership, students gain opportunities to present research on an international platform, opportunities for research projects and networking, and exclusive access to conference calls and webinars with section chair, Dr. Emily Cook.

Additionally, Podiatric Health Section awards were presented to individual members for their exemplary service. NYCPM students Jonathan Roy, Aakruti Bhalja, and Todd Chappell received section awards for their research presentations at the 2011 APHA Annual Meeting and Exhibition in Washington D.C. Following in their footsteps this year was fourth year California School of Podiatric Medicine student and APMSA 2012 Student of the Year Award recipient Natalie Thanh Hua. Ms. Hua gave a presentation about her work to establish a free podiatry clinic at Clinica Tepati in Sacramento, CA.

Students interested in presenting research at the 2013 APHA Annual Meeting & Exposition in Boston this November may visit http://www.apha.org/meetings/sessions/ for instructions to submit research abstracts. The deadline is fast approaching so act now!

To learn more about the APHA and join as a student member, go to https://secure.apha.org/scriptcontent/custom/join/apply_newjoin.cfm. Questions? Feel free to contact me at vparks@nycpm.edu

Virginia Parks
NYCPM 2015 Delegate
APMSA Liaison to APHA
New York State Expands Podiatric Scope

Conventional medicine recognizes that many conditions of the foot originate in the soft tissue above the ankle. This is reflected in the extensive training that is currently provided in both podiatry schools and residency programs across the country. However, until recently, podiatrists in New York had a limited scope of practice that did not include ankle or rear foot reconstruction.

Dr. Ira Kraus DPM, a graduate of New York College of Podiatric Medicine and an APMA Board of Trustee stated, “New York was losing its well trained residents to other states due to the inability to practice what they were trained to do.” In recent years, the American Podiatric Medical Association (APMA) launched an effort known as Vision 2015 to better the scope and climate of podiatric medicine for current and future podiatrists. One of the goals was to achieve uniform scope of practice across the states.

New York podiatrists gained a legislative victory on August 20, 2012, when New York Governor Andrew Cuomo signed Senate Bill 7800 and Assembly Bill 9293-A, expanding the definition of podiatry to include ankle conditions and all soft tissue structures of the leg below the knee that may affect the foot and ankle. This amendment to Section 7001 will take up to 18 months to be fully enacted, and will ultimately allow patients to receive more comprehensive foot and ankle care from their podiatrists.

Contributing writer: Timothy Miller, NYCPM 2015: New York State Podiatric Medical Association Student Representative.

Ola Elsheikh
NYCPM 2015 Alt. Delegate
Threats to Big Bird, binders full of women, and a nation without muskets (and musketeers) surely found the nation with many questions to answer this past November in an election for the ages. Don’t they always say that? Every election is the most important, right? Until the next one I suppose. But let’s look at some reasons why this election holds significance for our next podiatric generation.

Mitt Romney and Paul Ryan made aggressive arguments concerning the new healthcare law and proposed budgetary plans touted by the Obama administration, leaving many searching for a central progressive plan outlining monetary fundraising and expenditure cuts. Were their concerns harmful to their party’s platform? A recently conducted CNN poll stated that “74 percent of seniors opposed the Ryan plan’s Medicare reform, and a Pew Research survey found 51 percent of seniors opposed, compared to just 25 percent supporting those same measures. Many elderly Americans found the Affordable Health Care to be more inline with their immediate future because it may give seniors “access to cheaper drugs, [and] free preventive care,” while being assured that “sick people can’t be dropped from insurance.” Yet many more medical professionals believe that this new legislation will increase taxes, lead to worse patient care and decrease the working population of the America with many “companies to move their operations overseas.” Are these biased opinions? Yes. Are these opinions of every physician in America? Perhaps. Are many unsure how this law will impact our future? Yes. Is it any wonder why Americans were so bitterly divided on America’s healthcare future? No.

No matter where opinions fall, as members of a unique and small specialization which seeks promotion and progression within podiatry, we must fight to seek change in legislation to aide our patients. Through prudent political action we can work for legislation that perpetually ensures proper support for our profession’s medical needs. With the help of the APMA and its Political Action Committee (PAC), podiatry as well as our entire American medical system is aided through legislative advancement. In our focus, the issue of Title XIX, the Equity and Access for Podiatric Physicians Under Medicaid Act, which seeks to ensure podiatric physicians are granted the title “physicians” in Medicaid instead of “podiatric services” which can be subjected to more funding cuts. The APMA PAC is helping to bring parity across American medicine, starting with comprehensive medical reimbursements that will allow for successful patient oriented practices with less focus on the economic headaches associated with running a proficient practice.

In short, while the future waters may appear murky at times, our future is not yet decided. We have a future crop of young ambitious doctors who must continue to take up the call of compassion and responsibility for our profession as well as our patients. Our positions must not waiver and our goals must be achieved if we are to advance in these tumultuous political times.

Roberto Brandao
CSPM 2014 Delegate
APMSA Liaison to APMA PAC
APMSA Legislative Committee Chair
APMSA Announces Winner of Logo Redesign Contest

APMSA selected Anish Amin, a podiatric medical student at Barry University, as the winner of the 2012 APMSA Logo Redesign Contest. The APMSA sought creative talent within the podiatric student body and those students submitted over 25 original logo designs. The APMSA House of Delegates selected the winning conceptual design after a thorough judging process, and will use Mr. Amin’s logo concept in finalizing the new APMSA logo.

Mr. Amin is a driven student from Barry Class of 2015 and an active member of his community. During his undergraduate career, Mr. Amin created and managed a graphics company, Studio 22 Graphics, which produced a wide array of marketing materials. Though he retired this company upon matriculation at Barry, these graphic skills have proved useful, as he has designed flyers for many club events including Barry’s Heel the Stride 5k Run. In addition to these contributions, Mr. Amin is a member of ACFAS and serves on the community service committee for his class. The APMSA is proud to award a $300 tuition scholarship to this accomplished student and thanks all the students who contributed to the success of the APMSA Logo Redesign Contest.

Anish Amin
Barry Class of 2015

New Director of CAB at APMSA

In January, Jessica Minder will pass down the role of Director of Development and Corporate Relations (DDCR) as she prepares to graduate from Scholl College of Podiatric Medicine and enter residency. Ms. Minder has put forth a superlative effort to build relationships between students and Corporate Advisory Board (CAB) member companies. I cannot emphasize enough how much of our experience as students would not be possible without the generous support of these companies. CAB companies currently sponsor everything from the APMSA Annual Basketball Tournament to the Residency Survey and Research Grants. CAB members, PICA and Merz Pharmaceuticals, recently subsidized free student attendance to the 2013 New York Podiatric Clinical Conference. The examples are endless. With that being said, I am humbled and honored to be appointed to the DDCR position. I hope to continue Ms. Minder’s excellent work, and as the APMSA website goes live in 2013, I hope to find new and meaningful ways for CAB companies and students to interact.

Bobby Ziechmann
TUSPM APMSA Delegate 2015
Director, Development and Corporate Relations
WesternU Receives Full CPME Accreditation

In July of 2007, Lawrence Harkless, DPM, became the first dean of the College of Podiatric Medicine (CPM) at Western University of Health Sciences (WesternU). Under Dr. Harkless’ lead, the new CPM matriculated its first class in September 2009 and began the long road to accreditation through the Council on Podiatric Medical Education (CPME).

The diversity of medical disciplines at WesternU allowed podiatric students to interact with students of various health professions, while simultaneously providing an opportunity to educate other professions about podiatric medicine. As Dr. Harkless explained, “this means 2,000 medical students will know about podiatric medicine from day one. That is huge.”

In August of 2012, the CPME accreditation committee held its final site visit to WesternU’s Pomona campus and soon-after granted the CPM at WesternU full accreditation status through October 2016. The news was met with great excitement from both students and faculty alike. Dr. Harkless expressed his gratitude after receiving the news: “A special thanks to the entire University, the Board of Trustees, CPM Dean’s advisory council, administration, faculty, students and staff for their support and commitment to excellence in attaining this milestone.”

The college’s inaugural class will graduate in May 2013. The commencement ceremony will not only mark a milestone for the college and university, but will celebrate the bravery, faith and commitment shown by the first podiatric students who enrolled at WesternU.

Byron Peck-Collier
APMSA President-elect
APMSA WUCPM Delegate 2015

Michael Sobolevsky
APMSA SCPM Delegate 2015
New Residency Program Looks to Bring Fresh Talent to Dixon, Illinois

Katherine Shaw Bethea Hospital (KSBH) is delighted to announce the launch of its Podiatric Medicine and Surgery Residency Program with the added credential in Rear foot/Ankle Surgery (PMSR-RRA). The program received approval status following a rigorous on-site evaluation conducted by the Council on Podiatric Medical Education.

Located in rural Dixon, IL approximately 90 minutes from Chicago, KSBH is a highly acclaimed, state-of-the-art, 80-bed acute care facility. The hospital recently completed a $16 million expansion of the outpatient surgery and emergency departments. The addition included two new surgical suites, recovery rooms, registration and reception areas, emergency department rooms, trauma bays, and a new three-stall ambulance garage.

The KSBH program, spearheaded and managed by Director David Yeager, DPM, will offer a fully comprehensive three-year curriculum to two new residents each year. Resident physicians will train with board-certified podiatric faculty as they perform the full gamut of forefoot and rear foot procedures, from wound care to total ankle implants. Residents also work with non-podiatric faculty representing a variety of medical and surgical specialties.

Dr. Yeager’s impact as a leader within the podiatric community extends far beyond his role as a residency director. (No surprise that he is an alumnus of the Dr. William M. Scholl College of Podiatric Medicine.) He proudly serves as the current President of the Illinois Podiatric Medical Association and also as Chairman of the American Society of Podiatric Surgeons.

The program comes to fruition at a much-needed time as the nation’s graduating podiatric medical student body faces an immediate shortage of available residency positions. “We identified the residency crisis and knew the time to act was now to help our students. I have wanted to start a residency ever since I began practice,” said Dr. Yeager.

So why consider KSBH? According to Dr. Yeager, the answer is quite simple… “KSBH has everything a student would desire in a residency. We have complete parity at our hospital. [We] do inpatient consults and are actively involved in our hospital committees. It offers a very diverse population with a multitude of different pathologies. We will train our residents real world podiatry with the main goal for them to pass their boards, be confident and secure the best job they can. We will help them achieve these goals. During this process, we also like to have a lot fun as well!”

Dr. Yeager seeks individuals who are friendly, polite, self-motivated, and eager to learn. Interested applicants must visit the program. Preference is given to those who complete an elective rotation. For additional information, visit the CASPR/CRIP website at http://www.caspcrip.org and find KSBH within the 2013 program directory.

David Yeager, DPM
KSBH Residency Program Director

Dr. Yeager seeks individuals who are friendly, polite, self-motivated, and eager to learn. Interested applicants must visit the program. Preference is given to those who complete an elective rotation. For additional information, visit the CASPR/CRIP website at http://www.caspcrip.org and find KSBH within the 2013 program directory.

David M. Schweibish
IPMSA President, SCPM 2015
Chair, APMSA Presidents’ Committee
New SNPMA National APMSA Liaison

The Student National Podiatric Medical Association – House of Delegates (SNPMA-HOD) ushers in its new national liaison to the APMSA, Michael Johnson. Mr. Johnson is a University of Central Florida Alum, Gainesville, Florida native, and member of BUSPM Class of 2015.

The SNPMA Liaison to the APMSA serves as a voting member of the APMSA HOD. The core liaison duty is to provide input to the APMSA as the official representative of SNPMA and converse on matters relevant to minority students.

SNPMA is premised on medical education outreach to disenfranchised populations. The SNPMA organization champions the cause to take on health care and educational disparities that plague under-informed and under-represented populations via different realms of community service outreach initiatives. Mr. Johnson is well versed in community service initiatives and prepared for his tasks as national liaison, having gained relevant experience from his past responsibilities as former President of the Iota Rho chapter of Phi Bet Sigma Fraternity, Incorporated. He is a student who embodies being active and involved. “I took on the [extra] responsibility at the national level to further minorities’ interests [and] to ensure that more minorities see podiatry as a viable career option in medicine.”

The 2013 National Podiatric Medical Education (NPMA) Annual Scientific Conference will be held June 27-29 at the Conrad Hilton Hotel in Miami, FL. Students can expect to network with top podiatrists of ethnic minority backgrounds, learn about practice management, enjoy a multitude of guest lectures. The conference is inclusive and open to podiatric medical students from any and all ethnic and racial backgrounds. To register to attend the conference visit: http://www.npmaonline.org.

Abiola J. Oki
APMSA BUSPM Delegate 2015

Pictured above:
Michael Johnson
BUSPM 2015
SNPMA Liaison to APMSA

PROFILE OF
Gordon Laboratories

Gordon Laboratories is one of the twenty-three generous members of the APMSA Corporate Advisory Board (CAB). An APMSA CAB member since its inception in 1985, the company has played an integral role in podiatry since manufacturing the first topical pharmaceutical product line for the profession more than a half century ago! Today the company manufactures the largest selection of quality podiatric pharmaceuticals for all types of topical conditions. All products are manufactured in the United States and dispensed solely by podiatrists for extended patient care in between office visits.

We take this moment to recognize Gordon Laboratories in their continued support of podiatric medical students, and to educate students about their wonderful products. A few of Gordon Laboratories’ most recognizable products, each listed alongside its indicated use, include Gormel Crème [hyperkerotic skin], Gordochom [fungal conditions], Formadon and Bromi-Lotion [bromidrosis, hyperhidrosis], and Aloe Grande Crème and lotion [dry skin]. We encourage all students to familiarize themselves with these, and the many more pharmaceuticals provided by this dedicated company.

In their own words, Gordon Laboratories’ most rewarding experience in showing support for podiatric medical students has been the opportunity to offer students educational aid, funding of student projects, and sponsorship of annual scholarships. In doing so, they commit themselves to a new generation of podiatrist.

Gordon Laboratories and podiatry certainly have a trusted and valuable relationship! Thank you Gordon Laboratories, on behalf of the APMSA and all podiatric medical students.

Jessica L. Minder
Immediate Past Director of Development and Corporate Relations
SCPM APMSA Delegate 2013
**Congratulations to the APMSA CAB 2012 Research Grant Recipients:**

*Effects of Hallux Valgus Surgery on Balance Control and Gait in Older Adults.*
  PI: Saba Sadra (SCPM 2014)    RA: Adam E. Fleischer, DPM

*Assessment of Postural Control with Custom Skate Orthoses in Advanced Figure Skaters.*
  PI: Rachel Baisch (SCPM 2014)    RA: Stephanie Wu, DPM, MSc.

  PI: Peter Bellezza (SCPM 2014)    RA: Stephanie Wu, DPM, MSc.

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**APMSA CAB Student Grants Available**

Thanks to the generous support from the APMSA Corporate Advisory Board (CAB), the APMSA provides the following student grants:

<table>
<thead>
<tr>
<th>Program Information</th>
<th>Research Grants</th>
<th>Education and Service Grants</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Purpose</strong></td>
<td>To provide funding for student research projects which contribute to the advancement of podiatric medicine</td>
<td>To provide funding for events which enhance the educational experience in college and/or to educate the surrounding community on foot health and the role of a podiatrist</td>
</tr>
<tr>
<td><strong>Maximum Amount</strong></td>
<td>Maximum of (3), $1000 grants</td>
<td>$1000 per podiatric medical school</td>
</tr>
<tr>
<td><strong>Application Deadline</strong></td>
<td>May 1, 2013</td>
<td>May 1, 2013</td>
</tr>
<tr>
<td><strong>Where to Obtain an Application</strong></td>
<td><a href="http://www.apmsa.org">www.apmsa.org</a>; from your APMSA delegate, or 800-275-2762 x263, or email <a href="mailto:apmsaktv@apma.org">apmsaktv@apma.org</a></td>
<td><a href="http://www.apmsa.org">www.apmsa.org</a>; from your APMSA delegate, or 800-275-2762 x263, or email <a href="mailto:apmsaktv@apma.org">apmsaktv@apma.org</a></td>
</tr>
<tr>
<td><strong>How to Apply</strong></td>
<td>Send completed application and supporting materials to the address below</td>
<td>Gain approval from your student body school president and send completed application to the contact information below</td>
</tr>
</tbody>
</table>

**Send Application Materials to:**

Kim Vouzikas  
APMSA Executive Assistant  
9312 Old Georgetown Road  
Bethesda, MD 20814  
800-275-2762 x263; 301-570-4731 (fax); apmsaktv@apma.org